



## Announcements from MNH

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The Youth Farm Complex Auxiliary will be hosting the annual May Day Tea and Cake Walk Fundraiser on Thursday May 11th from 2:00—4:00 p.m. in the Nursing Home Auditorium. Money raised will go towards Garment Label Machine for the Laundry Department. Admission by donation. Hope to see everyone there!



Together with the Youth Farm Bible Camp we are planning

a fun day in the Log Cabin area. **“Connection in the Park”** will held on May 27 from 11:00 a.m. to 4:00 p.m. with free activities that will include face painting, Rider train rides, the climbing wall and some bouncy toys. Of course a day like this would not be complete with out food. Burgers, hot dogs, ice cream and popcorn will be available for a small fee. Please consider this your invitation to come, bring your family, children, grandchildren and have a little fun outside with your

resident. For more information please call the Nursing Home at 306-232-4861.

Our coffee bar is complete. It is located in the West Dining Room area. Family, friends, and residents are welcome to use it. Coffee, tea and snacks are available. It's a nice spot to visit with the residents; we hope you enjoy it!

## May Events

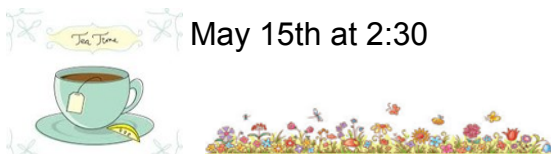
### May Birthday Party

Friday May 5th at 2:30 p.m.

Cake and Coffee will be served followed by music entertainment from Ike and May Friesen!

### Mother's Day Tea

May 15th at 2:30



### Resident Council Meeting

May 18 at 11:15 a.m. in the West Dining Room

### Ice cream Party

Will be held for our residents on Friday May 19th at 2:30 p.m.



### Mennonite Nursing Home

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*“God is our refuge and strength, an ever present help in trouble. .” Psalm 46:1*

While we endeavour to inform you as much as possible about events at MNH, this Newsletter only touches on some of the many activities that happen on a regular basis at the Nursing Home.

## June Events

### The June Birthday Party

Friday June 2nd at 2:30 p.m. Cake and refreshments will be served followed by entertainment from Signs of His Grace.



### June BBQ

Residents will enjoy hamburgers, hotdogs, chips, pop and ice cream!

June 13th—East

June 15th—West

June 16th—Pineview



### Volunteer Appreciation BBQ

Will be held for our volunteers on June 22nd from 5:30-7:30 p.m.

**Note:** If you have volunteered in the past year, please join us for an evening of good food, entertainment and fellowship. RSVP by June 16th by calling the office at 306-232-4861 or emailing [tarri.ostapak@saskatoonhealthregion.ca](mailto:tarri.ostapak@saskatoonhealthregion.ca)

## A Word From Our Chaplain—Amos Fehr

The past number of weeks have been very difficult for me. I lost the one who gave me life, hope, a love for nature, the one who always believed in me. My mother, Martha Fehr, passed away peacefully on March 9. It feels so surreal. The shock of her sudden passing is slowly wearing off and a new normal, and a new reality, is taking shape with in every part of my being. At times I feel lost while floating aimlessly on a river of emotions.

I encourage those of you who still have a mom or dad to show them love, respect and words of affirmation. Bring them a meal. Take them out for coffee. Look at some old pictures from the past. How you spend your time together is up to you....as long as you are fully engaged and present.

Near our front office you will find our "Care Note" display rack. During the past 10 years I have made these available for families and staff where I work. For the first I took the one entitled "Losing Your Mom" and what I read spoke to the pain I am feeling. I know my mom is in the full presence of God. I know that she is no longer suffering. But....I still miss her and I always will. There will remain an emptiness within me that only a mother can fill.

"We may have lived enough years to be an adult but we will always be a child in relation to our parents. Even if we find ourselves "parenting our children" before their deaths, it is the parent of our youth and childhood we bury." – Judy Ball from her book entitled: "Grieving the Loss of Your Parent."