



# Mennonite Nursing Home

Family Newsletter

January and February 2017

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## Announcements from MNH

We are in the midst of cold and flu season. The best way to prevent the spread of illness is proper hand hygiene. Make sure you are washing your hands with soap and warm water, cover your cough or sneeze and wash hands afterwards and use hand sanitizer when coming in or leaving the building. If you are not feeling well we ask that you stay home. We try our best to prevent outbreaks in our

homes and everyone, including visitors, can make a difference.

Please be careful when coming in and out of the building. The sidewalks and parking lots do get icy. Maintenance tries to keep up with it as best as they can. We are all looking forward to Spring!

Resident Council meetings are held every other month. We would like to encourage family members to attend the meetings with their

residents. Please check the activities calendar for dates. The next one is scheduled for January 12th at 11:15 a.m. in the West Dining Room.

From all the staff at the Mennonite Nursing Home, we would like to wish you and your loved ones a Happy New Year and hope you have many blessings in the year to come!



## January Events

### January Birthday Party

Friday January 6th at 2:30 p.m.  
Cake and Coffee will be served followed by a slide show from Rick Driediger.

### Year End Slideshow

Will be held on January 20th at 2:30 p.m.

### Year End Memorial

Will be held on Friday January 27th at 2:30 p.m.

### Beach Party

We will need a break from the winter weather so on January 20th we are having a beach party!! Fun music and summertime snacks will be served!



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*"Every good gift and every perfect gift is from above." James 1:17*

While we endeavour to inform you as much as possible about events at MNH, this Newsletter only touches on some of the many activities that happen on a regular basis at the Nursing Home.

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## February Events

### **The February Birthday Party**

Friday February 3rd  
at 2:30 p.m.  
Cake and refreshments will be served followed by entertainment.



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### **Sweetheart Lunch**

Will be held on Feb. 12 for our many couples in the Nursing Home and in Pineview. If you have a spouse living in the nursing home, please watch your mail for the invitation.



### **Valentine's Day Lunch**

A special lunch will be served to our residents on February 14th!

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## **A Word From Our Chaplain—Amos Fehr**

On December 23rd I attended a wonderful Christmas program presented by the residents here at the home. The message of hope and of God's love came through clearly throughout the songs and the readings. I felt blessed as I was reminded that Jesus is the light and hope for each and every one of us.

Recently I have been pondering how our ancient ancestors recognized the importance of light. They knew the sun, with its light and warmth, gave life to all of God's creation. As the people of old followed the course of the sun they took note of the long dark nights we all encounter near the end of what we now call December. Yet, they knew of the hope that came with the return of light. The sun slowly began to shine a little longer...a bit more each day.

It is no coincidence that the 3rd and 4th Century Christians, who were the first to begin the tradition of celebrating the birth of Jesus, chose December 25th to be the official day. Originally called "Christ's Mass" it is the Christmas holiday we celebrate today. In the darkest of days God's glory and hope for mankind shines bright with the birth of Jesus.

Jesus says in John 8:12, "I am the Light of the World". In Psalms 119:105 David writes, "Your Word is a Light unto my Path". In a world filled with darkness and despair we are offered hope, comfort and light on our earthly journey.

As we reflect on Christmas and of the year 2016 may we also celebrate the return of "just a little bit more light each day". To find hope in Jesus even in the darkest of times. May we find strength knowing that Jesus is our "Great Light" and through Him we find purpose and meaning along our earthly journey. We do not journey alone. So the next time you feel the warmth of the sun may it remind you of God's greatest gift of love. The gift of Jesus...the Light of the World!