## Resident Council Meeting Minutes November 10, 2016 at 11:15 a.m.

Present: 23 residents, 1 family, 4 staff. Amanda led the meeting

- 1. Amanda welcomed residents and thanked them for coming.
- 2. Amos opened with prayer.
- 3. Amanda reviewed a number of activities and special events that took place over the summer including Birthday parties, Seniors' Week, Fall Suppers, Pizza Party and Senior Tones Choir. We also enjoyed a few last walks and afternoons outside for the summer season.
- 4. Amanda talked about a number of special activities that will happen in the next two months:
  - a. Just wrapped up Crackling Breakfasts
  - b. Remembrance Day Service this afternoon at 2:30 p.m.
  - c. Movie: The Book Thief. This movie has good reviews from many staff. We will enjoy popcorn and pop with the movie.
  - d. Christmas Dinners will be December 14-16. Invites will be sent out in the mail to family.
  - e. Lots of Christmas singing, programs and parties during the month of December.

She noted that sometimes events on the calendar change as the month goes on. Please note that changes are made on the calendars posted at white boards, these are kept up to date.

- 5. Recently moved into to our home are A.F, O.L, and B.G. Residents are encouraged to meet and welcome them. Planning to do a Welcome Tea in January.
- 6. Amanda reviewed Residents' right to be informed in advance of additional charges for specialized services or items not covered by your monthly resident charge.

## 7. Karen:

• Safety: Flu season is upon us. Reminder to wash your hands and use Isagel.

Most residents and some staff have already received their flu shots. It is

- also Fall Prevention Month. Please be careful when walking or transferring. If you need help, use your call bell and staff will come assist you. Wear proper footwear. Staff have also been filling out pledges on how they can help prevent falls.
- 67% of our staff has already Purposeful Interactions training, which is an
  initiative from the Ministry of Health. We hope this training will help us be
  even better at anticipating the needs of Residents. She had 5 questions for
  the residents:
  - 1. Have you developed a relationship with a Care Team Member? One resident stated for sure she has. She enjoys visits with staff and appreciates their hugs and beautiful smiles! A resident enjoys asking staff about their families.
  - 2. Can you recall a connection that made you feel special? A resident said again how much she appreciates hugs.
  - 3. Do Care Team Members understand your needs? Yes they do.
  - 4. Are you given choices? Yes they have choices. An example was they get to choose what they want to drink.
  - 5. Do you have comments about the care? Fantastic staff. Very good care.
- 8. Chaplain Amos wanted to remind residents that they will have an opportunity to share their memories from the war years during the Remembrance Day Service.
- 9. The meeting was opened for concerns or compliments with any area of the nursing home. No one had any concerns for the any of the departments.
- 10. Amanda noted that minutes of this meeting will be posted in the binder marked "Resident Council Minutes" on the bulletin board next to the Activities Office.

  She encouraged all residents to share concerns and/or suggestions with staff at any time.
- 11. Next meeting will be January 2017.
- 12. The meeting adjourned at 11:35 a.m. after Table Grace for lunch was sung.