

Resident Council Meeting Minutes

September 22, 2017 at 11:15 a.m.

Present: 22 residents, 5 staff, 1 family member.

1. Amos opened with prayer
2. Debbie led the meeting and reviewed a number of activities and special events that took place from July 19th until September 22nd
 - a) Smoothies
 - b) Log Cabin Dinners
 - c) Camp Singing
 - d) Birthday Parties in August and September
 - e) Barbecues in August and September
 - f) Welcome Tea in August
2. Debbie talked about a number of special activities that will happen in October and November:

Senior's Week is officially October 1-7th. To celebrate Senior's Week there are a number of activities that will occur beginning in September:

- The Alzheimer's coffee break fundraiser September 27
 - Pancake breakfasts September, 28th and 29th
 - Fun Senior's Day on Oct 2nd
 - Staff /Resident bingo on October 3rd
 - Fall Suppers are the 4th-6th
- a) Birthday Parties October 13th and November 3rd
 - b) Memorial Service
 - c) Welcome Tea
 - d) Pizza Party
 - e) Crackling Breakfasts
 - f) Remembrance Day Service
3. Debbie announced the new residents at the Nursing Home and in Pine View: RP, IL & J L, and MP. Debbie announced that there is an IVEP student that is starting here on Monday September the 25th. She is a volunteer staying with a family in Rosthern. She will be working with the Activities Department until July. She is from China and will

need everyone to make her feel welcome as she is far from home. She is a Law student. She is really excited to meet you and visit with you. We look forward to meeting her.

4. Debbie reviewed Residents' right to a safe environment. A safe environment means you feel safe. If there is something that makes you feel unsafe such as a spill on the ground, brakes not working or a person that makes you feel uncomfortable. Debbie told residents that if they ever feel unsafe in any way to speak to a staff member so that the problem can be fixed.
5. Safety:
 - a) Debbie asked residents to please make sure that they put the brakes on their wheelchairs and walkers especially when standing up and sitting down. It is important to put the brakes to prevent falls from occurring. If there is something wrong with them please let a staff know so we can fix it.
6. Joan:
 - Encouraged residents to inform their family members to attend the Resident Council Meetings. The Meetings are listed on the activity calendar and in the Newsletter.
 - Talked about fall and how to look for the positive things regarding the changing seasons
 - If your room temperature needs to be adjusted please ask maintenance/staff to adjust it.
 - Construction is currently underway. Please be careful when going outside. It is important to resident safety as residents are not equipped to go in the construction zone behind the fence. Please also watch out for moving construction vehicles.
7. Karen:
 - Karen stressed how thankful she is for the residents. They bring joy to her life and she enjoys serving and caring for them. She wished the residents a Happy Thanksgiving.
 - Flu season is approaching. Karen reminded residents to use hand sanitizer to protect themselves and other people in the home. Please let staff know if you are not feeling so that we can take better care of you and other residents.
 - The staff will be go around to ask residents if they want to receive a flu shot within the next while

- Karen reiterated the importance of putting brakes on the wheelchair and walkers

8. Department Supervisors:

Linda:

Linda spoke about the Fall Suppers. She said they are on October 4th for the East Residents and Oct 5th for the West Residents. The invitations were sent out to family members so someone will be joining you for supper. You can ask at the office who is coming as guests will reply to the front office and please let your family know about the supper.

Amos:

Amos spoke about the importance of finding peace. He said a squirrel dropped a pinecone on his head and he had to make peace with the squirrel and then went on to say that one of our residents is at peace as he passed away recently. He said how much we will miss him as he was a happy soul. Amos stressed the importance of befriending each other and making each conversation meaningful as it may be the last that one of the residents have.

9. Debbie asked for Review and Feedback for each Department excluding the Activities Department.
10. Debbie asked for Review and Feedback for the Activities Department
11. The next meeting will be in November
12. The meeting adjourned at 11:50 a.m.