

# Mennonite Nursing Home

Family Newsletter

January and February 2018

## Announcements from MNH

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We are in the midst of cold and flu season. The best way to prevent the spread of illness is proper hand hygiene. Make sure you are washing your hands with soap and warm water, cover your cough or sneeze and wash hands afterwards and use hand sanitizer when coming in or leaving the building. If you are not feeling well we ask that you stay home. We try our best to prevent outbreaks in our

homes and everyone, including visitors, can make a difference.

Please be careful when coming in and out of the building. The sidewalks and parking lots do get icy. Maintenance tries to keep up with it as best as they can. We are all looking forward to spring!

Resident Council meetings are held every other month. We would like to encourage family members to attend the meetings with their

residents. Please check the activities calendar for dates. The next one is scheduled for January 18th at 11:15 a.m. in the West Dining Room.

From all the staff at the Mennonite Nursing Home, we would like to wish you and your loved ones a Happy New Year and hope you have many blessings in the year to come!



## January Events

### January Birthday Party

Friday January 5th at 2:30 p.m. Cake and coffee with entertainment to follow!

### Beach Party

We will need a break from the winter weather so on January 31st at 2:30 we are having a beach party!! Fun music and summertime snacks will be served!



### Year End Slideshow

Will be held on January 11th at 2:30 p.m.

### Year End Memorial

Will be held on Friday January 26th at 2:30 p.m.

The Nursing Home Calendars are here! If you have not purchased a nursing home calendar please come and pick one up. They are \$20.00 each and are available at the front office

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" Surely God is my help; the Lörd is the one who sustains me"

Psalm 54:4

While we endeavour to inform you as much as possible about events at MNH, this Newsletter only touches on some of the many activities that happen on a regular basis at the Nursing Home.

## February Events

### The February Birthday Party

Friday February 2nd at 2:30 p.m.  
 Cake and refreshments will be served followed by entertainment.

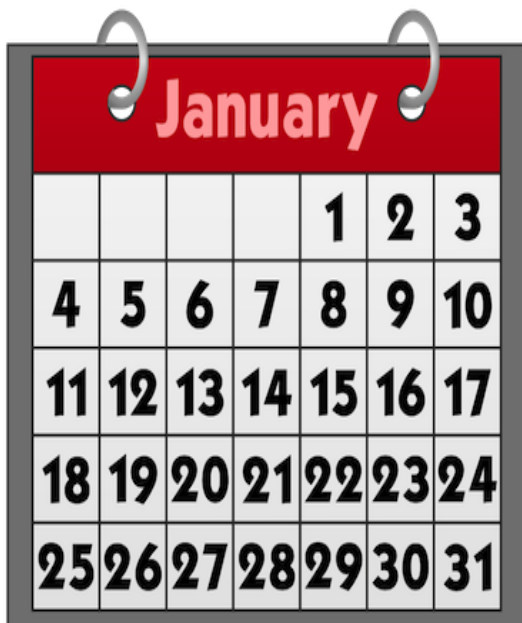


### Sweetheart Lunch

The sweetheart lunch will be held on Feb. 13 for our many couples in the Nursing Home and in Pineview. If you have a spouse living in the nursing home, please watch your mail for the invitation.



If you have not purchased a nursing home calendar, please come and pick one up. They are \$20.00 each and are available at the front office!



### Valentine's Day Lunch

A special lunch will be served to our residents on February 14th!



## **A Word From Our Chaplain—*Amos Fehr***

### **Memories of Christmas**

Christmas has come and gone for another season. I would like to share with you a memory of Christmas when I was a child.

I grew up on a farm near Hague with my parents and three siblings. I have many wonderful memories of those days. It is 1965 and in our living room was this amazing new device. It was a 'black and white television' that my dad had purchased just a few years earlier...the day after John F. Kennedy's assassination. He was tired of listening to the news on the radio and he felt it was time to watch it unfold on the screen.

On top of this wooden clad T.V. were the rabbit ears. Any of you remember how important it was to have them angled just the right way in order to get reception? There was only one channel available. We heard of people in Saskatoon that had two channels to choose from but that couldn't really be true. Many a hockey game was watched on Saturday nights. Cousins would come over to watch hockey, Bugs Bunny, Bonanza, The Beverly Hillbillies and other great programs. Aahhh...the 1960's.

On December 9<sup>th</sup>, 1965 a special show was aired. It was the "Charlie Brown Christmas" special. You may remember this as a comic strip written by the late Charles Schultz. In the 25 minute special Charlie was feeling discouraged. He struggled with the coming of the Christmas season and all the hustle and bustle that it created. He asked his friends, "What does Christmas really mean?" His friends tell him it is all about decorating, entertainment, family get-togethers, food, gifts, cards, etc. Charlie Brown becomes even more depressed and says, "Christmas has become so commercialized". It appears that no one can really help Charlie Brown.

Then along comes Linus...the kind, humble and insecure friend of Charlie. When all seems so "gloom and doom" Linus speaks up. He walks over to the center stage at the Christmas play rehearsal. Linus proclaims the true meaning and quotes Luke 2: 8-14: "And there were in the same country shepherds abiding in the field, keeping watch over their flock by night. And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid. And the angel said unto them, Fear not; for, behold, I bring you tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Savior, which is Christ the Lord".

How beautiful. The true meaning of Christmas. A Saviour, a child. Hope for all mankind in the midst of all the doom and gloom...even in the darkest of days...in the darkest of nights!