## RESIDENT COUNCIL MEETING MINUTES September 12, 2018 11:15 a.m.

Present: 29 residents, 4 staff, 6 family members

- 1. Amos opened with prayer
- 2. Debbie reviewed activities from the past months including Birthday Parties, Resident Barbecues (the last ones will take place this week), an Ice Cream Party, Log Cabin Dinners, a number of group outings, Resident staff walks, Coffee on the Patio and campers coming to sing every Friday.
- 3. Debbie talked about a number of activities that will happen in the next two months:
  - a) September Birthday Party with Can Am Singers
  - b) Trade show was a great success, lots of residents attended
  - c) Memorial Service this coming Friday
  - d) Alzheimer's Coffee Break 2-4 p.m., September 20; admission is by donation. There will be coffee and doughnuts and a chance to win a basket of prizes by being the person with the closest guess of the total age of all residents in our community.
  - e) Movie Afternoon
  - f) Music in the auditorium
  - g) Seniors' Week with a number of staff/resident activities. There will be a music party with cake on Monday, Bingo party for staff and residents on Tuesday, Pancake Breakfast for staff and residents on Thursday, and a scavenger hunt Friday afternoon.
  - h) Fall suppers will be held October 3-5. Invitations were sent to families. Each resident is welcome to bring two guests, the charge for dinner is \$12/adult and \$7/child.
  - i) Birthday Party October 2
  - i) Welcome Tea October 19
  - k) Pizza Party October 26
  - I) The family newsletter is posted on the MNH website.
- 4. Debbie acknowledged the work of Shelley, an IVEP student who worked in the Activities Department in the past year as well as Cheyenne who also worked in the

Activities Department as a summer student. A new IVEP student will join us on September 24. Debbie also welcomed new residents (West) PF, GW, (East) MH, MW, TB, (Pineview) HD, JD, EK.

- 5. Review Resident Rights #5: You will have the right to have personal belongings and furnishings in the home as long as space limitations and safety needs are recognized. This means: Your independence and autonomy will be promoted by ensuring personal items are placed where you may easily access them (e.g., combs, remote controls, telephones).
- 6. Safety: If you need help getting up make sure to ring your call bell if you need help. Don't try to get up on your own, we don't want anyone to fall and hurt themselves. Someone will come to you as soon as possible.
- 7. Joan reported that:
  - a) Ongoing construction for the new Personal Care Home may be noisy for the next few days.
  - b) Resident Satisfaction Survey will be taken in October. The Health Authority chooses residents and families to be included.
  - c) Handwashing continues to be important, especially in the upcoming flu season. Flu shots will be available in October.
  - d) Room temperatures are hard to regulate, especially during this season as we transition from summer to fall and winter. Please let us know if you are hot or cold, since heat valves are shared between 3 or 4 rooms and it takes time to get the temperature right for everyone. We want you to be comfortable.
  - e) Joan thanked T for all of his help with gardens and J for her help with courtyard cushions.
- 8. Resident concerns: several residents expressed their appreciation for the quick and efficient work of laundry staff. Our clothes come back to us very clean and very quickly. One resident asked to make sure that she always has a towel available to her, another mentioned that he would prefer not to receive beef at meals.
- 9. Next meeting will be November 2018
- 10. Amos closed with prayer.