

Mennonite Nursing Home

Family Newsletter

November and December 2018

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Announcements from MNH

The Mennonite Nursing
Home has a strong foundation built on the faith and
prayers of those before us.
September 1943 the Mennonite Youth Farm was purchased for \$20,000.00 from the Rosthern Experimental Farm, which had closed down in 1940. Since that time the heart of the Mennonite Youth Farm Complex primary focus has been to "Serve God by Serving Others".

Today we continue to dedicate our energy, time, and resources to provide the best of emotional, intellectual, physical and spiritual care for our Mennonite Nursing Home residents

and all those who live in our various housing options.

The Mennonite Nursing Home has always stood strong in times of uncertainties and we will once again stand strong through this time of change as we transition to one Saskatchewan Health Authority. We must continue to pray and by faith believe that God will guide and direct our paths as we are taken down this new road where we have the opportunity to strengthen and focus on how we can even better "Serve God by Serving Others".

As the Christmas Season comes upon us, I personally want to wish each and eve-

ryone a very Merry Christmas and may you be Blessed in 2019!

Joan Lemauviel, CEO

Thank you to the kind souls that donated to the Alzheimer's society through our Coffee Break Fundraiser! We raised \$471.50 this year.

We would like to say a fond farewell to Debbie Popovici and wish her all the best in her future endeavours. We would also like to welcome Chalsie Klassen, our new Activity Director, and Elizabeth Tang, our new IVEP volunteer.

November Events

November Birthday Party

Friday November 2nd at 2:30 p.m.

Cake and Coffee will be served. Entertainment by the Forest Grove Men's Choir will follow.

Resident Council Meeting

The meeting is scheduled for November 1st at 11:15 am in the West Dining Room. Residents and family are encouraged to attend.

Crackling Breakfasts

Will be held for the residents November 5th—9th. They will enjoy cracklings, fried eggs, hash browns, fresh bread and jam.



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"Glory to God in the highest heaven, and on earth peace" Luke 2:14

While we endeavour to inform you as much as possible about events at MNH, this Newsletter only touches on some of the many activities that happen on a regular basis at the Nursing Home.

December Events

The December Birthday Party

Friday December
7th at 2:30 p.m.
Cake and refreshments will
be served followed by entertainment.



Christmas Dinner East Side—Wednesday Dec. 12 West Side—Thursday Dec. 13 Pineview—Friday Dec. 14

Please watch for invitations in the mail and be sure to reply to reserve your seat for these special Christmas dinners.

Santa will be distributing gifts to each resident at the dinners. If your resident's present is clothing or an item that will be laundered please ensure that the item is labeled with the resident's name. If you need ideas on what to purchase for a gift please feel free to call and ask for suggestions.

The flu season is upon. We would like to remind family and friends that if you are experiencing any flu or cold symptoms to please use hand sanitizer. This will help prevent the spread of cold or flu in the home Thank you!



A Word From Our Chaplain—Amos Fehr

"Remembering What Was"

As I am writing this article the calendar shows it is October 25th. Those of us in Saskatchewan are enjoying "summer-like" weather and the farmers couldn't be any happier! You may be sitting at home (anywhere across our wonderful nation) reading these words fully aware of autumn's arrival. And, as always, it comes with its beautiful colors, the harvest, bird migrations, school buses, frozen flowers, the sacred fragrance of dried up vegetation, the beginning of another school year, school buses...the list goes on. It truly is a season of change. A season of remembering "what was" and moving into the unknown "what will be". Many years ago I had a friend who always looked forward to autumn. I could not relate to, nor understand, her love for the season. I wanted summer...green grass for my soul and warmth for my body. As I have grown older I have begun (or at least tried) to appreciate this time of year.

There is a song called "Autumn Leaves" that was written in 1945 and has been covered by numerous musicians over the years. The late singer/song writer Eva Cassidy performed this song in 1996. When you have the time go find a quiet place...alone...listen to this song on "You Tube" sung by Eva Cassidy. It is a live performance and my favorite cover of the song. There is an existential ache in her voice woven together with a melancholy feeling. It's as if she had a premonition that her life had entered the season of autumn. Within a few months after this recording she experienced a change in health. She was diagnosed with a type of cancer called melanoma and died within a few months at the young age of 33.

Over the years you too have experienced many changes with yourself and with your loved ones living here in our home...whether in the Mennonite Nursing Home, Pineview, Country Gardens (and soon to come Sunrise Place). People you love and care for experience the process of growing old and the challenges that come along with it. Their season of autumn has arrived. Some have left this world to be in God's full presence while others continue moving forward in age. We mourn the losses with you. These loses will only continue.

As humans we are God's "Crowning Glory". We are very complex and complicated. Sometimes we manage to move forward and at others times we appear to stall on life's road. May I suggest that on our journey we find a way to ac-



cept, and appreciate, the autumn with its falling leaves and various changes. It can be a time of deeper inner soul-reflection...one could call it "Life-Review". Allow the eventual colder winds of autumn to hit your inner-being thereby allowing you to grieve whatever losses you are encountering. Allow it and let it be. But do remember this...in God's perfect (and mysterious) timing we will all experience resurrection. Jesus made that promise to us a long, long time ago. Take a moment and read the declaration Jesus made in John 14:1-3.