



In This Issue

- Announcements from MNH
- January Events
- February Events
- Word from our Chaplain

From all of us at the Mennonite Nursing Home, we would like to wish you and your loved ones a Happy New Year and hope you have many blessings in the year to come!

January Events:

January 3 Birthday Party

January 9 Resident Council

10:00—Pineview

11:15—West Wing

January 23 Year End Slideshow

January 31 Year End Memorial

Thank you to everyone who attended our Christmas parties. We hope you had as much fun as our residents had! We would like to say a special thank you to Jake and Loretta Wiebe, Dela Klaasen, Lisa Gareau, and Rick Driediger for playing Mr. & Mrs. Clause!

After the hustle and bustle of the holidays, the mingling with others has also brought about the spread of cold and flu viruses. We just want to remind everyone of the importance of good hand hygiene, with proper hand-washing as well as the use of hand sanitizer. We try our best to prevent outbreaks in our homes and everyone, including visitors, can make a difference.

We would like remind everyone to be careful when in and out of the building. The sidewalks and parking lots do get icy. Maintenance tries to keep up with it as best as they can.

2020

HAPPY NEW YEAR

Mennonite Nursing Home

Highway 11 South
Mennonite Nursing
Home Road

Box 370

Rosthern, SK S0K
3R0

Tel: 306-232-4861

Fax: 306-232-5611

www.mennonite-nursinghome.com

February Events

February 1 Birthday Party

February 13 Sweetheart Luncheon

February 14 Valentines Day Lunch

February 28 Beach Party

While we endeavour to inform you as much as possible about events at MNH, this Newsletter only touches on some of the many activities that happen on a regular basis at the Nursing Home.

Sweetheart Luncheon

The sweetheart lunch will be held on Feb. 13th for our couples that live in the Nursing Home and in Pineview. If you have a spouse living in the nursing home, please watch your mail for the invitation.

Love is in the air!

Beach Party

Winter in Saskatchewan can be long and cold. Since the cold weather is here to stay, we have decided to make a little sunshine of our own. On February 28th at 2:30 we are having a beach party!!



A Word From Our Chaplain—Amos Fehr

2020 once seemed so far into the future...but, here it is! We never know what this new year will bring. We begin each year with the hope that it will be filled with good experiences. Many of you may have events coming up in 2020 that you are looking forward to: a graduation, a wedding, the birth of a baby or travelling to another land. Some of you may not be looking forward to this year...there may be a sense of dread that shadows over your soul. The thought of a possible cancer diagnosis with a palliative prognosis may grip you with paralyzing fear. Maybe someone you love will be in a serious car accident. The truth is that 2020 will be a combination of joy and sorrow, excitement and sadness...much of what comes our way will surprise us.

New Year's, for all the hoopla, ushers in new opportunities, wanted or not. Some people will face 2020 in a posture of independence, "I can handle anything that comes my way this year." But can we handle anything that comes along? Could we handle the death of a loved one? Could we handle the loss of our job? Could we handle finding out that a young person in the family is experimenting with drugs? Could we handle a crisis in our church, or a friend betraying us, or a financial setback that messes up our fiscal life for years to come?

Looking back, I'm sure you will agree with me that the path of your life is hardly what you planned or expected. It never is. In my life there have been situations that did not unfold as I had planned. But, there has always been one unchanging constant – God...The One who is absolutely perfect. His love, mercy and commitment to our "being" is eternal and absolute. His divine presence has enabled me to face the disappointments, tragedies and setbacks in my life as well as the many blessings I could have never anticipated. Life is a mixture of all "God-given" emotions!

As I look into the unknown of 2020 I want to remember the words that echo throughout the Bible... words that remind me that I am not alone and that I am being cared for, and watched over, by the Master who created me. The Holy One will continue to be my unchanging constant, and whatever winds may blow over my life, fair or stormy, I needn't fear. I probably will fear, as will you, but if we look to God in faith as we are confronted by the unexpected events of a New Year His commitment to us can calm those fears. May we anchor ourselves to the One who never changes...the One who will be with us always...forever. Jesus says in Matthew 28:20, "I am with you always, even to the end of the age."