









March 2022



Beware the ides of March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Daily Bread 1 Stretching 11:00 Chapel with	Daily Bread 2 Stretching	Daily Bread 3 Stretching NO ACTIVITIES	Daily Bread 4 Stretching	Daily Bread 5 Stretching
		Strove Tuesday	Ash Wednesday			
10:00 Forest Grove Church 6 	Daily Bread 7 Stretching	Daily Bread 8 Stretching 11:00 Chapel with Amos	Daily Bread 9 Stretching Doctor's day 	Daily Bread 10 Stretching	Daily Bread 11 Stretching	Daily Bread 12 Stretching
10:00 Lake Park Baptist Church 13 	Daily Bread 14 Stretching	Daily Bread 15 Stretching 11:00 Chapel with Amos	Daily Bread 16 Stretching	Daily Bread 17 Stretching NO ACTIVITIES Wear GREEN <small>St Patrick's Day</small> 	Daily Bread 18 Stretching 2:30 Word Guessing 	Daily Bread 19 Stretching
10:30 Hepburn MB20 Church  SPRING	Daily Bread 21 Stretching 2:30 Bingo	Daily Bread 22 Stretching 11:00 Music with Amos	Daily Bread 23 Stretching Doctor's day 	Daily Bread 24 Stretching NO ACTIVITIES	Daily Bread 25 Stretching	Daily Bread 26 Stretching
10:00 Rosthern Mennonite Church 27 	Daily Bread 28 Stretching 2:30 Bingo	Daily Bread 29 Stretching 11:00 Chapel with Amos	Daily Bread 30 Stretching	Daily Bread 31 Stretching NO ACTIVITIES	SUNRISE PLACE	