

#### **Better Together!**

All of the staff looking sharp in their new "Together Tuesday" T-shirts! We are so happy to be a part of this awesome program!

# **May Events:**

May 2 Birthday Party

May 8 May Day Tea & Cakewalk

May 12 Mother's Day Tea

May 15 Resident Council Meeting

10:00 Pineview

11:15 West

May 22 Pizza Party

We are excited to announce that the we will once again be hosting our annual May Day Tea and Cakewalk Fundraiser on May 8th. The event will be from 2:00pm—4:00pm in the Mennonite Nursing Home Auditorium. Admission is by donation and there will be some fabulous door prizes as well. All proceeds will go towards replacing the raised garden beds. If you would like to donate a cake to this fundraiser, please contact Alana at 306-232-4861. We would love to see you there!

This past month we had the privilege of joining the "Better Together" T-shirt campaign. The initiative was originally introduced when the community of the Battlefords suffered great loss when they faced eight suicides in seven weeks. A young teen and a pastor joined forces to help their community heal by creating "Together Tuesdays" when every Tuesday, the participants wear their "Better Together" T-shirts and get together within their community. Their vision was to connect generations by having them wear and share the message "We truly are Better Together. Connected communities are healthy communities." We are currently in the process of looking for funding to get our residents into their own Better Together T-shirts. If you are at all interested in the project or would like more information please contact Heidi at 306-232-4861.



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"For as the soil makes the sprout come up and a garden causes the seeds to grow, so the Sovereign Lord will make righteousness and praise spring up before all nations" Isaiah 61:11

## **June Events**

June 6 Birthday Party

June 16 Father's Day Pancake Breakfast

June 24 BBQ East

June 25 BBQ Sunrise

June 25 BBQ West

June 26 BBQ Pineview

June 30 Canada Day Party

While we endeavour to inform you as much as possible about events at MNH, this newsletter only touches on some of the many activities that happen on a regular basis at the Nursing Home. Please come by the Activity Office and grab a calendar to keep up to date with everything going on.



#### BBQ's

BBQ season is almost here! Residents are looking forward to getting out into the sunshine and enjoying a burger or hotdog with some chips, pop and ice cream. We are so blessed to have these beautiful outdoor spaces for people to gather and have some good food.

### A Word From Our Chaplain—Amos Fehr

#### **STUCK**

Several weeks ago I was using my son's Bobcat skid-steer for building more ATV and walking trails in our Back 40. All was going well as I was clearing the bush and grassy areas. The paths were now smooth as I neared the end of my project but things were about to change! Unknown to me, I was driving over an area that had 'frost boil' beneath the surface. The upper frozen soil gave way and instantly I was stuck as the 10,000 pound Bobcat dropped 3 ½ feet into a soupy mess! There was no getting out no matter how much I tried. The 'Walk of Shame' for me was about to begin as I headed home. Have you ever been stuck in the mud/snow and had to walk for help? Thankfully we have a wonderful neighbor, by the name of Murray Penner, who owns some large construction equipment. Within minutes he came over with his huge 'Zoom Boom-Telehandler' machine to pull me out. It was not an easy task but with his skills he managed to find a way to lift me out of the mud and mire!

King David wrote the following words in Psalm 40: "I waited patiently for the Lord to help me, and he turned to me and heard my cry. He lifted me out of the pit of despair, out of the mud and the mire. He then set my feet on solid ground".

There are times in life when we fall and struggle. Life can bring us huge problems that sometimes cannot be fixed. We may feel like we have nowhere to turn to. Sometimes our mistakes and unwise decisions bring us to the pit of despair. Other times it's just life and we are unable to make sense out of what has happened.

May we be like King David and cry out to the LORD when we struggle and face situations we can't control. It is highly possible that we will need to

stay in the dark place for a while as we wait to be rescued! Some of life's best learnings come when we are at our lowest point. Still...God is full of

compassion and mercy and He will hear our plea and respond at the right time. God can rescue us and set our feet on solid ground.

After work today I plan to start the Bobcat and go back to finishing the trails in our Back 40. I hope I won't need to call for help again!

