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Fall suppers were once again a huge highlight for a lot of staff, residents, and family members! We absolutely love that we can take the time to connect with family, friends, and neighbours. Thank you so much for everyone who came out!

November Events:

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| November 7 | Birthday Party |
| November 10 | Remembrance Day Service |
| November 18 | Crackling Breakfast East |
| November 19 | Crackling Breakfast West |
| November 20 | Crackling Breakfast Pineview and Sunrise |
| November 20 | Resident Council |
| | 10:00—Pineview |
| | 11:15—West |

The Holiday season is coming up fast and will be here before you know it! There are several spaces available here at the Home for special gatherings. We also have a guest suite available. If you would like more information or to check availability, please phone the office.

If you would like for your resident to have their hair done for a special occasion, on top of their regularly scheduled hair day, please call our hairdresser, Bertha Klaassen. You can reach her at 306-280-2863.

Resident council meetings occur every other month. These are a great way to voice any concerns or opinions that you may have. Family is always encouraged to attend these meetings and see what is happening at the Home! Meeting minutes are also available for review in the binder located outside of the activity office.

If you or someone you know is interested in volunteering at the Home, please contact Alana. It is a great way to support our wonderful community here at Mennonite Nursing Homes!



Mennonite Nursing Home

Highway 11 South
Mennonite Nursing Home Road
Box 370
Rosthern, SK
S0K 3R0
Tel: 306-232-4861
Fax: 306-232-5611
www.mennonite-nursinghome.com

"In Him was life, and that life was the light of all mankind. The light shines in the darkness and the darkness has not overcome it." John 1:4-5

December Events

- December 5** Birthday Party
- December 9** East Christmas Dinner
- December 10** West Christmas Dinner
- December 11** Pineview & Sunrise Christmas Dinner
- December 24** Resident Christmas Program
- December 31** New Year's Party



Christmas Dinners

Christmas Dinners are coming up! Please keep a lookout in your email for an invite that will have more details. Santa will be presenting gifts to the residents at the dinner. Please have your gift dropped off at the home by Dec 1st. It's going to be a blast!



A Word From Our Chaplain—Amos Fehr

Thankfulness

Thank you! Two beautiful and powerful words! Words that, when used at the right time, can change the course of someone's life. Do you remember a time when you felt appreciated and hearing these two words just gave you that extra spring in your step?

In Luke 17 we read of the time when Jesus healed the 10 men who were stricken with leprosy. A miraculous healing! One would think that all 10 would have come to thank Jesus for the new life they had now received. No more being shunned by society. No more living in isolation as no one wanted to be near you in fear of contracting the dreaded life altering disease. But only one of the men returned to Jesus to say thank-you! I tell myself that I would never be like the other 9 men. Yet, there is an awareness within me that I am really no different. I walk past life's blessings often without giving credit where credit is due! Maybe you feel the same?



Let them give thanks to the LORD for his unfailing love and his wonderful deeds for mankind, for he satisfies the thirsty and fills the hungry with good things.

PSALM 107:8-9



Our "Gratitude Tree" created by the residents of the entire complex by sharing what they were thankful for on tree leaves.

Throughout scripture we read of the importance of giving thanks... especially to the ONE who made life possible. Today I would like to share a few ways in how we can give thanks to our Heavenly Father and all He has done for us...whether past, present or future.

How can I become more thankful? It's one thing to be aware of one's shortcomings, but something entirely different trying to create a new mindset. Could we journey together into a season of thankfulness even though Thanksgiving has come and gone? Perhaps we can become more like the one who returned to Jesus to give thanks. In fact, let us do it together starting right now with this short list which is in no particular order. Let us give thanks for: family we have been given; fresh food each day; freedom we are privileged to enjoy in Canada; friends who love us; faithfulness and mercy of God which is new each morning; and the forgiveness we receive through Jesus.

There are so many more areas where we can give thanks. I trust that this short list will help you enter into God's Presence with endless thanksgiving. May God bless each and every one of you as we move towards the Christmas season. May you find many reasons to say "Thank You" every day!