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It is always such a blessing to celebrate the special people in our lives! We hosted a Sweetheart Luncheon to acknowledge and celebrate the love of all our couples here at the Home. It was a great meal and you could feel the love these special people had for one another!

## March Events:

**March 6** Birthday Party

**March 12** Egg Fry

**March 17** St. Patrick's Day Bingo

**March 19** Resident Council Meeting

10:00 — Pineview

11:15 — West

**March 27** Ice Cream Party

**March 30** Welcome Tea

Spring is fast approaching and as we head into warmer weather we start thinking about celebrating together. Jumping a little further ahead than normal, we would like to inform you that the Nursing Home Auxiliary will be hosting their May Day Tea and Cake Walk on

Thursday, May 7th. This annual event has always been hosted by the Auxiliary.

The proceeds of this event go to funding a special project or purchase for the Home. Past purchases include towel warmers and outdoor raised garden/flower beds.

Besides the Tea, the Auxiliary is very active within our lovely home. They keep Joan's Koffee Korner fully stocked and operating with the help of our wonderful volunteers. They also keep the Home's halls looking great with pictures and put a lot of work into making our areas family oriented and functional!

If you or anyone you know is looking to help out and volunteer, this could be at the canteen or for an upcoming event like the May Day Tea, please contact Wendy Penner at 306-220-4217.

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## April Events

**April 2** Birthday Party

**April 2** Easter Brunch

**April 21—23** Crackling Breakfasts



*We would like to wish everyone a happy and blessed Easter!*

### **Thank you to our volunteers!**

We want to send out a big thank you to all of the people who volunteer in a variety of ways in our Home. From bringing church services or entertainment, to helping with bingo or the canteen, to lending an extra helping hand for our special meals, you are appreciated! We couldn't do this without you!

## **A Word From Our Chaplain — *Amos Fehr***

### **Shelter from the Storm**

An old story tells of a king who offered a prize to the artist who could best paint a picture of peace. Many artists would submit their paintings. Images of calm, serene landscapes with sunsets and fields of beautiful flowers; also, paintings of still, quiet lakes with reflections clear as glass.

The day came when the winner of the contest was unveiled. The king had selected a painting that seemed contradictory to peace. At first glance, the painting looks anything but peaceful. Dark clouds and lightning cover the sky. Jagged, bare mountainside with a foaming, violent waterfall cascading down the cliff. But...in that cliff resides a small Rock Dove sitting calmly in a nest tucked into a crevice behind the waterfall. Take a close look at the photo. Just beneath the waterfalls (and just above the river of water) you will notice a bird in her nest tucked underneath the edge of a rock. In the midst of a storm, this bird found a sanctuary, a safe place to raise her hatchlings. Safe from all predators. Sheltered from the rushing water and any storms that would develop. The tiny dove rests quietly in her nest despite the crashing waterfall and the thundering storm around her.



The king chose this image because for him it represented the true definition of peace. Peace despite noise, trouble and hard work. The dove in the nest represents inner serenity and security, while the tumultuous, roaring waterfall represents the chaotic, noisy, and challenging nature of life. Now look at the painting again. Just as the bird found refuge under a rock to build her nest, so can we find refuge in Christ. Imagine all the troubles in your life being shielded by a Rock, feeling just as peaceful as the bird in the painting!

What types of storms are you experiencing today? Finances, doubts, physical/emotional health challenges, loss of purpose and meaning in your life, broken relationships, job insecurity, and loneliness are just a few examples of pain we may be carrying. We all face challenges throughout our days...that's life! We are not promised a life without storms, but we are offered a place of inner peace...though easier said than done!!

Jesus says, *"I have told you these things, so that in me you may have peace. In this world you will have trouble, but take heart for I have overcome the world". John 16:33*